



## CHILD AND ADOLESCENT PATIENT INFORMATION SHEET

Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Parents' Names: \_\_\_\_\_

Parents' Marital Status: ☐Single ☐Engaged ☐Partnered ☐Married ☐Remarried ☐Cohabiting ☐Divorced ☐Separated ☐Widowed

Parent Phone: \_\_\_\_\_ Can we leave messages? ☐Yes ☐No

Parent Phone: \_\_\_\_\_ Can we leave messages? ☐Yes ☐No

Parent Email Address: \_\_\_\_\_ Can we leave messages? ☐Yes ☐No

Parent Email Address: \_\_\_\_\_ Can we leave messages? ☐Yes ☐No

Grade Level: \_\_\_\_\_ Grade Average: \_\_\_\_\_ School: \_\_\_\_\_

Are you receiving special services/accommodations at school? ☐Yes ☐No

If yes, please explain: \_\_\_\_\_

Extracurricular Activities: \_\_\_\_\_

In case of emergency who should I contact?

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Present state of health: ☐Excellent ☐Good ☐Fair ☐Poor

Primary Care Physician: \_\_\_\_\_ Psychiatrist: \_\_\_\_\_

Current Medical Problems: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Describe any significant hospitalizations/accidents/surgeries: \_\_\_\_\_

History of treatment by a mental health professional? ☐Yes ☐No *If yes, answer the following:*

Outpatient therapy: ☐Yes ☐No Dates: \_\_\_\_\_

For what problem(s)? \_\_\_\_\_

Inpatient treatment: ☐Yes ☐No \_\_\_\_\_

Dates: \_\_\_\_\_

For what problem(s)? \_\_\_\_\_

Do you consider your child to be spiritual or religious? ☐Yes ☐No

If yes, describe their faith or belief: \_\_\_\_\_

Who gave you my name to call:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

May I thank the person that gave you my name? ☐Yes ☐No

Briefly describe your primary concern and/or symptoms.

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How long has this been a major problem?

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Did anything happen shortly before your identified problems occurred (loss, death, job change, separation, divorce, birth, adoption, medical diagnosis, relocation, etc.)? ☐Yes ☐No If *yes*, please explain:

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Describe briefly the child’s family and current primary relationships:

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Other areas of difficulty/concern.

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What are their strengths? What is going well?

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List any other factors/circumstances that may be relevant to treatment.

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What are your goals for counseling?

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## SYMPTOM CHECKLIST

| How often does your <i>child</i> experience concerns related to: | Never | Rarely | Sometimes | Often | Almost Always |
|------------------------------------------------------------------|-------|--------|-----------|-------|---------------|
| Academic performance                                             |       |        |           |       |               |
| Argues, “talks back,” defiant                                    |       |        |           |       |               |
| Bullies/intimidates, teases, is bossy to others                  |       |        |           |       |               |
| Cheats, lies                                                     |       |        |           |       |               |
| Complains, pouts                                                 |       |        |           |       |               |
| Cries easily, feelings are easily hurt, sensitive                |       |        |           |       |               |
| Cruel to animals                                                 |       |        |           |       |               |
| Dawdles, procrastinates, wastes time                             |       |        |           |       |               |
| Dependent, “needy,” trouble with separation                      |       |        |           |       |               |
| Developmental delays                                             |       |        |           |       |               |
| Difficulties with parent’s new marriage/new family               |       |        |           |       |               |
| Difficulty falling/staying asleep                                |       |        |           |       |               |
| Disobedient, uncooperative, doesn’t follow rules                 |       |        |           |       |               |
| Disrupts family activities                                       |       |        |           |       |               |
| Poor concentration, daydreams, slow to respond                   |       |        |           |       |               |
| Drug or alcohol use                                              |       |        |           |       |               |
| Compulsive overeating, restricting, bingeing, purging            |       |        |           |       |               |
| Poor manners, appetite increase or decrease                      |       |        |           |       |               |
| Engages in rituals, strict routines                              |       |        |           |       |               |
| Fearful, scares easily                                           |       |        |           |       |               |
| Fighting, violent, aggressive, hostile, destructive              |       |        |           |       |               |
| Immature, “clowns around,” only has younger friends              |       |        |           |       |               |
| Interrupts, talks out, yells                                     |       |        |           |       |               |
| Lacks organization, unprepared                                   |       |        |           |       |               |
| Lacks respect for authority, insults, provokes, manipulates      |       |        |           |       |               |
| Learning disability                                              |       |        |           |       |               |
| Likes to be alone, withdraws, isolates                           |       |        |           |       |               |
| Low frustration tolerance, irritability                          |       |        |           |       |               |
| Mental slowness                                                  |       |        |           |       |               |
| Moody                                                            |       |        |           |       |               |
| Mute, refuses to speak                                           |       |        |           |       |               |
| Nail biting                                                      |       |        |           |       |               |
| Need for high degree of supervision over schedule/chores/play    |       |        |           |       |               |
| Nervous, worried, anxious                                        |       |        |           |       |               |
| Nightmares, night terrors, sleep walking                         |       |        |           |       |               |
| Obesity                                                          |       |        |           |       |               |
| Obsessions, compulsions                                          |       |        |           |       |               |
| Overactive, restless, hyperactive                                |       |        |           |       |               |
| Picking at skin, acne, scabs                                     |       |        |           |       |               |
| Pulling out hair                                                 |       |        |           |       |               |
| Recent move, new school, loss of friends                         |       |        |           |       |               |
| Rocking or other repetitive motions                              |       |        |           |       |               |

| How often does your <i>child</i> experience concerns related to: | Never | Rarely | Sometimes | Often | Almost Always |
|------------------------------------------------------------------|-------|--------|-----------|-------|---------------|
| Runs away, elopes                                                |       |        |           |       |               |
| Sad, unhappy                                                     |       |        |           |       |               |
| Self harming behaviors                                           |       |        |           |       |               |
| Public masturbation, inappropriate behaviors                     |       |        |           |       |               |
| Shy, timid, socially nervous                                     |       |        |           |       |               |
| Speech difficulties, stutters                                    |       |        |           |       |               |
| Stubborn, willful                                                |       |        |           |       |               |
| Suicide talk or attempt                                          |       |        |           |       |               |
| Swearing, cussing, foul language                                 |       |        |           |       |               |
| Teased, picked on, bullied                                       |       |        |           |       |               |
| Temper tantrums                                                  |       |        |           |       |               |
| Tics, involuntary movements, noises or word productions          |       |        |           |       |               |
| Truant, school refusal, school phobic                            |       |        |           |       |               |
| Uncoordinated, accident-prone                                    |       |        |           |       |               |
| Wetting or soiling the bed or clothes                            |       |        |           |       |               |
| Worries about health, complaints of being sick                   |       |        |           |       |               |

### DISABILITY INVOLVEMENT INFORMATION

Have you applied or are you in the process of applying for disability benefits for your child? ☐ Yes ☐ No

If no, are you considering applying for disability benefits in the future? ☐ Yes ☐ No

If yes, please explain: \_\_\_\_\_

### LEGAL INVOLVEMENT INFORMATION

Have you applied or are you in the process of applying for disability benefits? ☐ Yes ☐ No

If *no*, are you considering applying for disability benefits in the future? ☐ Yes ☐ No

Have you applied or are you in the process of applying for workman's compensation? ☐ Yes ☐ No

If *no*, are you considering applying for workman's compensation in the future? ☐ Yes ☐ No

Are you currently in any legal proceedings? ☐ Yes ☐ No

If *yes*, please explain: \_\_\_\_\_



## CHILD/ADOLESCENT PSYCHOTHERAPY FEE AGREEMENT

Laura Whyte, LCSW

| Service:                                                                                                                                                                                                                                                                                                    | Fee:                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|
| <b>Initial Psychotherapy Evaluation (Intake)</b>                                                                                                                                                                                                                                                            | \$205                                                  |
| <b>Individual Psychotherapy</b>                                                                                                                                                                                                                                                                             | \$185                                                  |
| <b>Letter Writing/Form Completion</b>                                                                                                                                                                                                                                                                       | \$75 per half hour                                     |
| <b>Phone Calls</b><br><i>*This service is used only in rare circumstances and refers to phone conversations outside of session, initiated by the client with the therapist, either directly or on the client's behalf.</i>                                                                                  | \$75 per 15 minutes,<br>billed at 15-minute increments |
| <b>Late Cancellations of Appointments</b><br><i>*Please Note: Cancellations made less than 24 business hours before scheduled appointment time will incur the FULL session fee (not reimbursable by insurance).<br/>For example: a 10:00 a.m. Monday appointment must be canceled by 10:00 a.m. Friday.</i> | \$185                                                  |

By signing below, I agree to the above fee structure.

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Patient Printed Name

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Parent/Guardian Printed Name

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Patient Signature

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Date

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Parent/Guardian Signature

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Date



## CONSENT TO TREATMENT

I acknowledge I have *received*, have *read* (or have had read to me), and *understand* the **Therapist-Client Services Agreement**, and other information about the therapy I am considering. I have had all my questions answered fully.

I acknowledge I have *received*, have *read* (or have had read to me), and *understand* the **Notice of Privacy Practices**. I have had all my questions answered fully.

I consent to treatment by the therapist named below (or consent to treatment for my child) and agree to participate actively in the therapeutic process. I understand that no guarantees have been made regarding the results of treatment.

I may discontinue treatment at any time but remain responsible for payment of services already provided.

I have read the appointment information and understand that appointments must be canceled or rescheduled at least 24 business hours in advance. Cancellations made with less notice, or missed appointments, will be charged the full session fee, which is not reimbursable by insurance.

I agree to the terms in the Billing and Insurance Information section and understand that, if I use insurance, information about my services may be shared with my insurance company or other third-party payer as necessary for billing and payment. I understand that treatment may be discontinued if payment is not made, and referrals to other qualified providers may be offered.

My signature below shows that I understand and agree with all of these statements.

\_\_\_\_\_  
Patient Printed Name

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

I, the therapist, have discussed the issues above with the patient (and/or his or her parent, guardian, or other representative). My observations of this person's behavior and responses give me no reason to believe that this person is not fully competent to give informed and willing consent.

\_\_\_\_\_  
Laura Whyte, LCSW

\_\_\_\_\_  
Therapist Printed Name

\_\_\_\_\_  
Therapist Signature

\_\_\_\_\_  
Date



## STATEMENT OF MEDICAL DECISION MAKING FOR A MINOR

Client Name: \_\_\_\_\_ Client Date of Birth: \_\_\_\_\_

I, \_\_\_\_\_, state and attest that I may legally consent to mental health and/or substance abuse treatment for the above listed minor child under the following authority:

- ☐ Biological Parent
- ☐ Adoptive Parent
- ☐ Department of Human Services representative – Department has custody of child and authority to consent to treatment.
- ☐ Other Legal Guardian – Legal guardian appointed by the court to have medical decision-making authority.
- ☐ Delegated Authority – A parent or legal guardian of minor child has, by power of attorney, delegated the medical decision-making authority for a period of up to twelve months.
- ☐ Other – Please explain: \_\_\_\_\_

### Divorce or Other Legal Proceedings

Have there been any legal proceedings or actions that have affected the decision-making authority regarding the minor child, including but not limited to: a divorce proceeding, a legal separation proceeding, a paternity proceeding, a termination or limitation of parental rights, or an assignment of legal custody/guardianship?

- ☐ Yes ☐ No

If yes, please explain. \_\_\_\_\_

If there is a court order or stipulated parenting agreement, which parent has medical decision-making authority for the minor child:

- ☐ Father has sole medical decision-making authority
- ☐ Mother has sole medical decision-making authority
- ☐ Both parents share medical decision-making authority
- ☐ Other – Please explain: \_\_\_\_\_

**Please note:** The person signing this statement should provide legal documentation verifying legal authority to make medical decisions for the minor child, unless the person signing is the biological or adoptive parent and there have been no legal proceedings or actions that have affected their decision-making authority regarding the minor child.

\_\_\_\_\_  
Patient Printed Name

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



## APPOINTMENT AVAILABILITY

Client Name: \_\_\_\_\_ Therapist Name: \_\_\_\_\_

This form helps us understand your scheduling needs so we can arrange appointments accordingly. Our office hours are Monday through Thursday, with both morning and evening appointments available. Late afternoon and evening appointments are in highest demand and may be limited. We will do our best to match your availability with the next available appointment and appreciate your flexibility when adjustments are needed.

Please cross out the times you are **UNAVAILABLE** and **CANNOT** make appointments.

|         | Monday | Tuesday | Wednesday | Thursday |
|---------|--------|---------|-----------|----------|
| 8:30am  |        |         |           |          |
| 9:30am  |        |         |           |          |
| 10:30am |        |         |           |          |
| 11:30am |        |         |           |          |
| 12:30pm |        |         |           |          |
| 1:30pm  |        |         |           |          |
| 2:30pm  |        |         |           |          |
| 3:30pm  |        |         |           |          |
| 4:30pm  |        |         |           |          |
| 5:30pm  |        |         |           |          |
| 6:30pm  |        |         |           |          |

Does your schedule change frequently (i.e. weekly work schedule)?

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Are there any potential changes in your schedule in the near future (i.e. changing school schedules)?

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Is there any other additional information that would help us in scheduling your appointments?

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## COMMUNICATION AUTHORIZATION

During treatment, you may communicate with our office by email or other electronic methods. Please be aware that these communications are not completely secure and may be accessed by others, including individuals with access to your devices, your employer (if using work systems), or third parties involved in internet transmission.

If you are concerned about confidentiality, please discuss secure communication options with your therapist.

Please note that appointment reminders may be sent by email, phone, or text. Do not reply directly to these automated messages, as responses are *not* monitored. For questions or appointment changes, please contact our office directly.

Georgia Center for OCD & Anxiety may contact me using the following methods:

Email: \_\_\_\_\_

Ok to send encrypted emails? ☐ Yes ☐ No

Ok to send *unencrypted* emails? ☐ Yes ☐ No

Would you like automated email appointment reminders? ☐ Yes ☐ No

*\*Please note: If you prefer to communicate via unencrypted email, there may be some level of risk that the information contained in the email could be read by a third party.*

Phone: \_\_\_\_\_

Ok to leave messages? ☐ Yes ☐ No

Would you like automated phone call appointment reminders? ☐ Yes ☐ No

Text Messages:

Ok to send texts? ☐ Yes ☐ No

Would you like automated text appointment reminders? ☐ Yes ☐ No

Preferred Mailing Address: \_\_\_\_\_

Would you like correspondence mailed in an unmarked envelope? ☐ Yes ☐ No

I understand the risks of electronic communication, including potential confidentiality risks when transmitting protected health information through unsecured methods. I have read and understand the Notice of Privacy Practices. I understand that signing this agreement is not required to receive treatment and that I may revoke or update my contact preferences at any time.

\_\_\_\_\_  
Patient Printed Name

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date