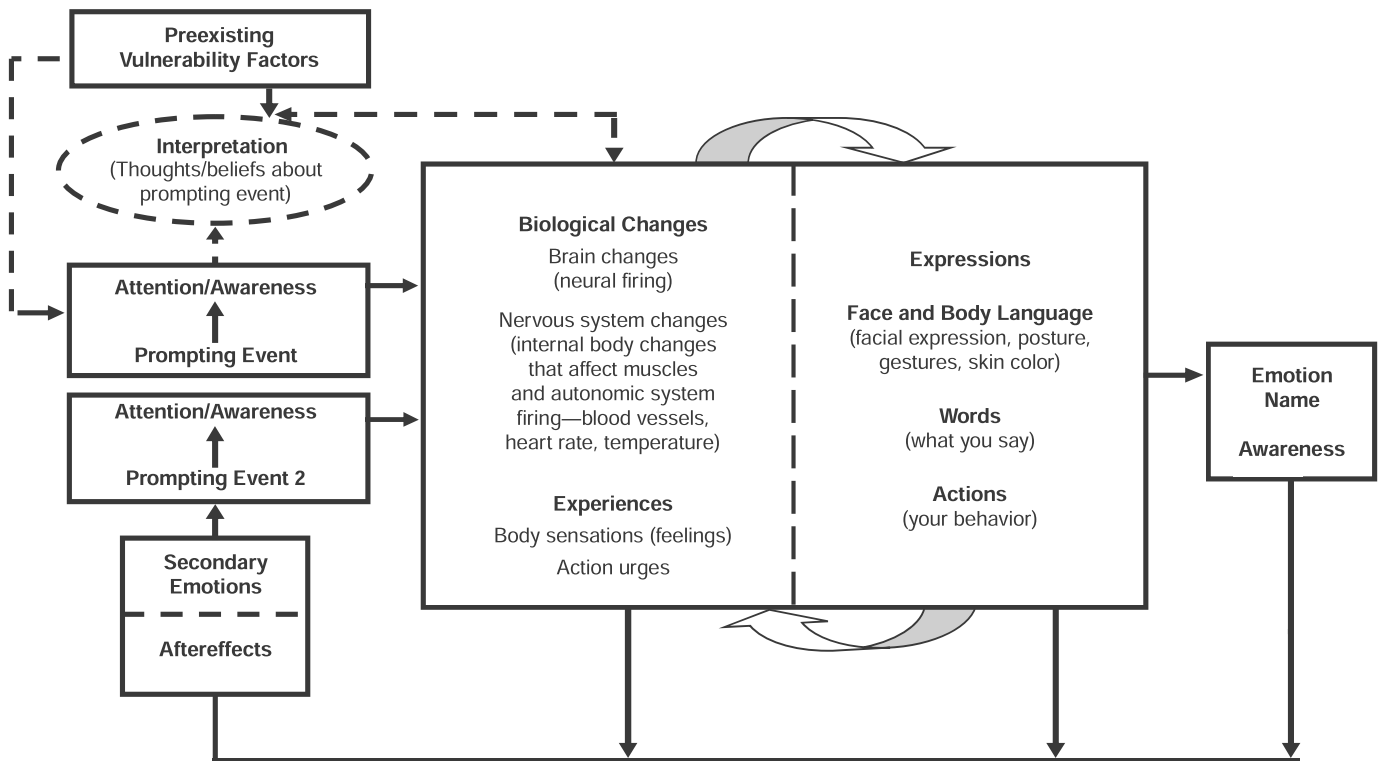


EMOTION REGULATION HANDOUT 5

(Emotion Regulation Worksheets 4, 4a)



Model for Describing Emotions



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