



Privacy Practices

We are committed to protecting your privacy in accordance with HIPAA. This includes how your protected health information (PHI) may be used and disclosed for treatment, payment, and healthcare operations, as well as your rights regarding that information. A full Notice of Privacy Practices, including detailed information about your rights and responsibilities, is provided during the intake process or available upon request.

HIPPA Privacy & Confidentiality

HIPAA (Health Insurance Portability and Accountability Act of 1996) is United States legislation that provides data privacy and security provisions for safeguarding medical information. The section below details how your medical information which includes how your mental health information may be used and disclosed as well as how you can get access to your information.

Privacy & Confidentiality: We are committed to protecting your privacy and maintaining the confidentiality of your information in accordance with applicable federal and state laws, including HIPAA. The content of therapy sessions is confidential. Confidentiality and privileged communication are protected by law, meaning that information shared in sessions and related records will not be disclosed without your written authorization, except as permitted or required by law. Confidentiality may be limited in certain situations, including but not limited to:

- Risk of harm to yourself or others
- Suspected abuse or neglect
- Court orders or other legal requirements
- Certain matters involving national security as required by law

Your health information may be used and disclosed for purposes of treatment, payment, and healthcare operations, as permitted by law. This may include coordinating care, processing payments, and managing administrative functions of the practice.

Records & Information Management: Client records are stored securely in an electronic health record (EHR) system. You may request a copy of your records at any time, in accordance with applicable laws. Records are retained and securely destroyed following state and federal requirements. This practice does not use artificial intelligence tools in clinical or administrative services. Written consent is always obtained before sharing your information outside the practice.

Protecting Your Personal Information: We take reasonable steps to safeguard your personal and health information. This includes storing electronic records securely, limiting access to authorized staff only, and protecting paper and electronic information from unauthorized use or disclosure. More details on how we protect and use your information are provided in our full Notice of Privacy Practices, which is given at intake and available upon request.

Questions: Information regarding your privacy rights, including how to access or request changes to your health information and how to file a complaint, is outlined in our full Notice of Privacy Practices, which is provided during the intake process and available upon request. If you have questions about this notice, or have concerns about your privacy rights please feel free to contact me at (929) 256-5927 or via email at Dsantana@mytherapistconnection.com