

Sessions & Cancellations

Each session time is thoughtfully reserved for you. If you need to cancel or reschedule, I respectfully request at least 12 hours' notice whenever possible. Sessions canceled with less than 12 hours' notice, or missed sessions, will incur a \$50 late cancellation fee. I understand that illness or unexpected emergencies can arise. If that happens, please reach out as soon as you are able and we can discuss. Sometimes life unfolds in the here and now. Insurance providers do not reimburse for missed or late-canceled sessions. Thank you for your cooperation in helping maintain consistency and availability within the practice.