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## POLICIES: MEN'S PROCESS AND SUPPORT GROUP – APRIL 2026

### Group Goals

1. **Foster Connection:** Establish, maintain, and deepen close relationships with friends, family, and partners.
2. **Gender-Specific Insight:** Increase understanding of relationship issues particularly pertinent to men.
3. **Self-Awareness:** Identify and understand internal obstacles that hinder satisfying relationships with others.

### Group Framework

1. **Transparency:** To maintain clear group dynamics and avoid unspoken alliances or insecurities, please disclose any interactions with members outside of the group—including those before or after meetings—that involve group material or relationship building.
2. **Initial Commitment:** If you are new, we urge you to stay with the process and resist the inclination to leave prematurely. Please commit to at least 12 sessions before evaluating the group's effectiveness for you.
3. **Termination Process:** Longer-term members who intend to leave the group are asked to commit to four additional sessions after their announcement to allow for full processing by themselves and the rest of the group.
4. **Attendance:** Please commit to the group by arriving on time and limiting cancellations. Members who miss more than six sessions per year may, at the facilitator's discretion, be asked to relinquish their spot.
5. **Confidentiality:** "What is said in the group stays in the group." This is a foundational value. When discussing your experience with others, please strictly conceal the identities and personal details of all other members.

### Payment & Billing

1. **Standard Cancellations:** Sessions missed due to business travel, work obligations, vacations, or general family responsibilities are billed at the full rate.
2. **Excused Absences:** Charges are waived for cancellations due to personal or dependent illness, emergency childcare responsibilities, or observed religious holidays.

3. **Billing Procedures:** Credit cards are kept on an encrypted, secure file. Accounts are billed once per month at the end of each month. You will receive an email detailing the monthly charges prior to the transaction.