Strategic Dialogue & The Universal Language™



Accessing the Universal Language (UL) helps an individual "Connect to self" so they can "Link with others." Organizational change depends on accessing the energy of emotion to motivate people towards collaboration.

#1 ______ #2



Fast change starts with slowing down! To increase our ability to act with greater intention, we need to first "PAUSE" our automatic responses and be open to alternative ways of expressing ourselves.

We then need to "TURN ON" the energy circuit that increases self-awareness. We accomplish this by choosing to turn our attention inward. Before we can positively impact others we need to decide to be grounded in greater awareness of ourselves.



#3



To manage our behavior more consciously, we need to "TUNE IN" to our own thoughts, feelings, and behaviors, and begin the process of self-reflection that will enable us to communicate with positive impact.

Asking the all-important question "WHAT DO I SEE," helps us to unpack the contents of our mental models (perceptions, attitudes, beliefs), which increases our self-understanding and power to act responsibly towards others.



#5



Positive connections happen by the transfer of positive energy. So "FEEL THE ENERGY" that is connected to what you see. Notice the specific feeling that's triggered; notice the intensity; ask yourself, "What does this feeling want to say and do?" Then harness the energy of EMOTION and direct it with good and purposeful intention.

Now it's time to turn attention outward toward others. Link with others by asking the all-important question "DO YOU SEE WHAT I SEE?" Then LISTEN to what is said! We build relationships by talking less and listening more, here is your chance to practice the ultimate tool that leads to organizational effectiveness.



The goal of Strategic Dialogue is to break down the walls that divide us from ourselves and from each other. The *Destructive Current (DC)* that accompanies emotional mismanagement needs to be replaced by *Aligning Current (AC)* that links people together, leading to deeper connection and efficient action.





"SYNERGY" is energy moving in the same direction a.k.a. "being in-sync." When we are in-sync, we have achieved greater effectiveness with others; we're moving in the same direction; we're plugged in to the same circuit; simply, we are flowing as one team, thus we function as an aligned organization!

Universal Language

