





At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.



8-week long group

Individual therapy sessions available as well
Children's Wellness Center of Colorado
12150 E. Briarwood Ave Suite 202
Centennial, CO 80112
With Carlee Martin, MFTC
*Medicaid accepted – Private pay available

Learning Objectives of the Program:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

