



Milestones

Counseling Center^{PLLC}

Medicaid Provider Referral Manual

In Case of a Mental Health Emergency

About the CARES Line for Crisis Support

If you or a family member is experiencing a behavioral health crisis, the **CARES (Crisis and Referral Entry Services) Line** is a free, 24/7 support line designed to provide immediate help. By calling the CARES Line, you can reach trained mental health professionals who can assess the situation and connect you with services such as mobile crisis response teams, referrals, and other needed resources.

Who is Eligible:

- **Medicaid Clients:** Individuals of any age who are enrolled in Illinois Medicaid can use the CARES Line for crisis intervention, including access to mobile crisis response services and follow-up care.
- **Youth (17 and Under):** Children and teens who do not have health insurance or have private insurance without mental health benefits are also eligible for CARES services. This ensures that youth facing a mental health crisis can access necessary support and stabilization resources.

How to Use the CARES Line:

- **Call:** Dial **1-800-345-9049** (TTY: 1-866-794-0374) at any time.
- **Be Ready to Share Your Location:** When calling, it's important to provide your exact location. For effective support, you (or the individual in crisis) must be at the specified location and remain there for **at least 2 hours**.
- **What to Expect:** CARES responders will assess the crisis and, if appropriate, dispatch a mobile crisis team to offer on-site assistance. These teams are equipped to provide intervention, stabilization, and support during the crisis.

Medicaid Provider Referral Manual

The **Medicaid Provider Referral Manual** is a comprehensive guide developed to help Medicaid clients and their families access critical behavioral health services through approved providers. This manual includes a curated list of providers who accept Medicaid and specialize in areas such as psychiatric care, substance use treatment, and therapeutic services. During intake, each Medicaid client receives this manual as a resource for connecting with local providers equipped to meet their specific mental health and wellness needs.

This manual is designed to simplify the referral process, offering contact details, services provided, and any special eligibility information for each provider type. Whether you're looking for a psychiatrist, substance use treatment facility, or therapy provider, this manual provides a straightforward path to the right care.

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- Approved mental health professionals providing individual, family, and group therapy, including specialized care for trauma, anxiety, and other conditions.

Psychiatrists

(*) Denotes a Preferred Provider- We have agreements with these providers to help ensure you can access services promptly. While you are not obligated to use this provider, they may be a helpful option if you experience delays in scheduling with your chosen provider or another provider you prefer.

***Mindful Behavior**

Website:

Specialties: Behavioral Health, Counseling, Psychologists

Locations:

- **Midway Main Location**
6815 W 63rd St
Chicago, IL 60638
- **Berwyn Location**
3245 Grove Ave, Suite 208
Berwyn, IL 60402
- **Oak Park Location**
137 N Oak Park, Suite 212
Oak Park, IL 60381
- **Downtown Location**
8 S Michigan Ave, Suite 612
Chicago, IL 60603
- **Midway #2 Location**
5680 S Archer Ave, Suite 200
Chicago, IL 60638
- **McKinley Location**
1653 W. 35th St
Chicago, IL 60609

ZoeLife Psychiatric Services

Website: zoelifepsychiatrist.com **Locations:**

- **Frankfort** 10209 W Lincoln Highway Frankfort, IL 60423
 - **Crest Hill** 16151 South Weber, Suite 1130 Crest Hill, IL 60403
 - **Lisle** 3333
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Associates in Behavioral Science

Specialties: Behavioral Health, Counseling, Psychologists

Locations:

- **Berwyn**
6738 West Cermak Rd
Berwyn, IL 60402
Phone: (708) 788-8808
- **West Dundee**
510 Market Loop, Suite 102
West Dundee, IL 60118
Phone: (708) 788-8808

Aunt Martha's Behavioral Health Services

Location: Chicago Heights Family Health Center

Address: 500 Dixie Hwy, Chicago Heights, IL, USA

Phone: 877-692-8686

Website: auntmarthas.org/healthcare/behavioral-health

Ardent Center

Phone: (888) 870-1775

Fax: (847) 349-1619

Mailing Address:

2500 West Higgins Road, Suite 105

Hoffman Estates, IL 60169-7220

Robert Wirick - Elemental Health Ltd

Address: 14484 John Humphrey Dr

Orland Park, IL 60462

Generations Behavioral Healthcare, P.C.

Phone: (630) 259-1515

Locations:

- Burr Ridge
- Chicago
- Downers Grove
- Hinsdale
- La Grange
- Oak Brook
- Westmont
- Willowbrook

Website: generationsbehavioralhealth.com

Boston Neurobehavioral Associates

Phone: 508-979-5557

Fax: 508-979-5557

Address: 111 W Jackson Blvd, Unit 1700

Chicago, IL 60604

Email: zkagzi@noorassociates.net

Cornerstone Services

Specialties: Behavioral Health Services

Locations:

- **Joliet**
800 Black Road
Joliet, IL 60435
Phone: (815) 727-6667
 - **Kankakee**
187 S. Schuyler, Suite 450
Kankakee, IL 60901
Phone: (815) 304-4777
 - **South Holland**
530 E. 162nd St
South Holland, IL 60473
Phone: (708) 825-1986
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Family Counseling Service

Specialties: Psychiatric Services, Family Counseling

Locations:

- **Aurora**
70 S. River Street
Aurora, IL 60506
 - **Oswego**
84 Templeton Drive
Oswego, IL 60543
- Contact Information:**
Phone: (630) 844-2662
Fax: (630) 844-3084

Rosecrance LaGrange Office

Address: 47 6th Ave, Suite L

La Grange, IL 60525

Phone: (708) 469-7912

Website: www.rosecrance.org

Advanced Behavioral Health Services

Address: 1952 McDowell Rd, Suite 305

Naperville, IL 60563

Phone: (630) 689-1022

Website: www.advancedbhs.com

Lisa C Pellegrini, MD

Address: 1335 N Mill St, Suite 100

Naperville, IL 60563

Phone: (630) 646-8000

Website: Not available

CDH Behavioral Health Services

Address: 27W350 High Lake Rd
Winfield, IL 60190

Phone: (630) 933-1600

Website: www.nm.org (Northwestern Medicine)

Daniel B Martinez, MD

Address: 2340 S Highland Ave, Suite 300
Lombard, IL 60148

Phone: (630) 261-1210

Website: Not available

Substance Use Treatment

Franciscan Alliance Inc - Franciscan Health Dyer

Phone: 800-783-7663

Address: 24 Joliet Street, Dyer, IN 46311

Website: franciscanalliance.org

Services: Substance use treatment; Detoxification; Treatment for co-occurring substance use and serious mental health illness in adults or serious emotional disturbance in children

South Suburban Council on Alcoholism and Substance Abuse

Phone: 708-647-3333

Address: 1909 Cheker Square, Hazel Crest, IL 60429

Website: sscouncil.org

Services: Substance use treatment; Detoxification; Transitional housing, halfway house, or sober home; Treatment for co-occurring substance use and serious mental health illness in adults or serious emotional disturbance in children

Great Heights OTP Calumet City

Phone: 708-862-8156

Address: 1473 Ring Road, Calumet City, IL 60409

Website: great-heights.com

Services: Substance use treatment; Detoxification; Treatment for co-occurring substance use and serious mental health illness in adults or serious emotional disturbance in children

Recovery Bound

Phone: 708-310-9109

Address: 509 Belle Court, Harvey, IL 60426

Services: Substance use treatment; Detoxification; Transitional housing, halfway house, or sober home; Treatment for co-occurring substance use and serious mental health illness in adults or serious emotional disturbance in children

Sandstone Care Tinley Park

Phone: 708-766-7735

Address: 16325 South Harlem Avenue, Suite 200, Tinley Park, IL 60477

Website: sandstonecare.com/locations/tinley-park

Services: Substance use treatment; Detoxification; Transitional housing, halfway house, or sober home; Treatment for co-occurring substance use and serious mental health illness in adults or serious emotional disturbance in children

Regional Health Systems - Stark Center

Phone: 219-398-7050

Address: 3903 Indianapolis Boulevard, East Chicago, IN 46312

Website: rhs.care

Services: Substance use treatment; Detoxification; Treatment for co-occurring substance use and serious mental health illness in adults or serious emotional disturbance in children

Family Guidance Centers Inc - Branden House

Phone: 815-468-6556

Address: 333 Evergreen Street, Manteno, IL 60950

Website: fgcinc.org

Services: Substance use treatment; Detoxification; Transitional housing, halfway house, or sober home

Radius Foundation Inc

Phone: 708-923-0800

Address: 11952 South Harlem Avenue, Suite 100, Palos Heights, IL 60463

Services: Substance use treatment; Detoxification

Symetria Recovery - Palos Heights

Phone: 866-440-7429

Address: 11925 South Harlem Avenue, Palos Heights, IL 60463

Website: symetriarecovery.com/locations/illinois-rehabs/palos-heights-suboxone-clinic

Services: Substance use treatment; Detoxification; Treatment for co-occurring substance use and serious mental health illness in adults or serious emotional disturbance in children

Northwestern Medicine Palos Hospital Inpatient Behavioral Health

Phone: 708-923-4000

Address: 12251 South 80th Avenue, Palos Heights, IL 60463

Website: nm.org

Services: Substance use treatment; Detoxification; Treatment for co-occurring substance use and serious mental health illness in adults or serious emotional disturbance in children

Olatoye Rehabilitation Center Inc

Phone: 773-437-5444

Address: 9135 South Exchange Avenue, 1st Floor, Chicago, IL 60617

Website: orc.life

Services: Substance use treatment; Detoxification

Solleys Place

Phone: 708-529-0188

Address: 4239 West 95th Street, Oak Lawn, IL 60453

Website: solleys.org

Services: Substance use treatment; Detoxification

South Shore Hospital Chemical Dependency

Phone: 773-356-5000

Address: 8012 South Crandon Avenue, Unit 5E-CDU, Chicago, IL 60617

Website: southshorehospital.com

Services: Substance use treatment; Detoxification

South Shore Hospital Medical Detox Services

Phone: 773-356-5000

Address: 8012 South Crandon Avenue, Chicago, IL 60617

Website: southshorehospital.com

Services: Substance use treatment; Detoxification

ABRAXAS Youth and Family Services - Southwood Interventions

Phone: 773-737-4600 x3204

Address: 5701 South Wood Street, Chicago, IL 60636

Website: abraxasyfs.com

Services: Substance use treatment; Detoxification; Treatment for co-occurring substance use and serious mental health illness in adults or serious emotional disturbance in children

Behavioral Health Providers

Illinois Behavioral Health Providers Accepting Medicaid

Accepted Medicaid Plans: County Care, Aetna Better Health, BCBS Community Health Plan, Molina HealthCare, Meridian Health

Guada Psych Services

Address: 1701 E. Woodfield Road, Suite 905, Schaumburg, IL 60173

Phone: 847-797-4699

Website: guadapsych.com/contact

Family First Counseling Clinic

Address: 9522 S. Halsted St., Chicago, IL 60628

Phone: 773-595-5794

Email: mhill@familyfirstcounselingclinic.org

Website: familyfirstcounselingclinic.org

Personal Balance Counseling

Address: 9601 W. 165th Street, Suite 02, Orland Park, IL 60467

Phone: 708-949-8688

Website: personalbalancecounseling.com

Oak & Ivy Counseling

Address: 2130 W Belmont Ave, Chicago, IL 60618

Phone: 312-709-1342

Email: therapist@oakandivycounseling.com

Website: oakandivycounseling.com

True Heights Treatment, PLLC

Address: 222 Vollmer Rd, Suite LC, Chicago Heights, IL 60411

Phone: 708-248-7039

Website: trueheightstx.com

The Center for Psychological Services

Address: 10735 S Cicero Ave, Suite 208, Oak Lawn, IL 60453

Phone: 708-424-0001

Email: info@cps-therapy.com

Website: cpstherapy.com

V & R Behavioral Health Services

Primary Address: 700 Ravinia Place, Orland Park, IL 60462

Additional Location: 12627 W. 143rd Street, Homer Glen, IL 60491

Phone: 708-226-0010

Email: vrrequests@gmail.com

Website: vrbehavioral.com

TMH Behavioral Services, P.C.

Address: 710 E 47th St, Suite 203W, Chicago, IL 60653

Phone: 773-828-4940

Email: info@tmhbehavioralservices.com

Website: tmhbehavioralservices.com

Orland Park Counselors

Address: 7021 West 153rd Street, Suite 5, Orland Park, IL 60462

Phone: 708-275-0934

Website: orlandparkcounselors.com

Aspire to Be Therapy

Address: 521 La Grange Road, Suite 206, La Grange, IL 60525

Phone: 708-435-9224

Email: admin@atobtherapy.com

Website: atobtherapy.com

MK Counseling and Wellness

Address: 4401 N Clark St, Chicago, IL 60640

Phone: 312-883-7720

Fax: 872-813-5254

Email: intake@mkcounselingchicago.com

Website: mkcounselingchicago.com

Joy Johnson, MA, LPC

Location: Oak Lawn, IL 60453

Phone: 630-812-7813

Website: Listed on [Psychology Today](#)

Depth Counseling**Primary Locations:**

- 122 S Michigan Avenue, Suite 1441, Chicago, IL 60603
- 2656 W Montrose Avenue, Suite 200, Chicago, IL 60618

Phone: 312-313-8204

Email: info@depthcounseling.org

Website: depthcounseling.org

Life Solutions Counseling Services

Address: 7330 W College Dr, Suite 207, Palos Heights, IL 60463

Phone: 708-568-1479

Website: counselinglifesolutions.com

Mosaic Counseling & Wellness

Address: 9501 W. 144th Place, Suite 304, Orland Park, IL 60462

Phone: 708-628-8000

Email: info@mosaiccare.com

Website: mosaiccare.com

Changing Phases Telehealth

Primary Location: 100 S. Saunders Rd, Suite 150, Lake Forest, IL 60045

Secondary Location: 142 Hawley Street, Suite 1, Grayslake, IL 60030

Phone: 224-421-6235

Website: changingphases.me
