

# **Luke 22:31–34**

**Expanded 30–60 Page Workbook**

**Spiritual Warfare • Failure • Grace • Restoration**



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## Understanding the Sifting

## Overview

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## Theological Insight

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## CBT Application

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## Journaling Prompts

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## Real-Life Integration

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## Jesus' Intercession

## Overview

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## Failure, Shame, and Grace

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## Journaling Prompts

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# Turning Back to God

## Overview

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## Journaling Prompts

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## Strengthening Your Brothers

## Overview

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## CBT Application

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## Journaling Prompts

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## Self-Awareness vs Self-Confidence

## Overview

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## Journaling Prompts

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## Real-Life Integration

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## Identity Reconstruction

## Overview

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## Journaling Prompts

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## Emotional Healing

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## Theological Insight

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## Journaling Prompts

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## Spiritual Warfare Insight

## Overview

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## Restoration and Calling

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## Real-Life Integration

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## Grace-Based Transformation

## Overview

[illegible]











[illegible]

## CBT Application

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## Journaling Prompts

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## Real-Life Integration

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## Narrative Healing Work

## Overview

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[illegible]

## CBT Application

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## Journaling Prompts

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## Real-Life Integration

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## Forgiveness and Self-Compassion

## Overview

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## CBT Application

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## Journaling Prompts

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## Future Purpose Formation

## Overview

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## Real-Life Integration

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