

Freedom from Idolatry Reflection Worksheet

"Little children, keep yourselves from idols." — 1 John 5:21

Section 1: Identifying Hidden Idols

- What do I feel I cannot live without? (Exodus 20:3)
- Have I torn down the 'images' in my life that compete with my devotion to God? (2 Kings 23:24)
 - Do I seek approval from people more than God? (Galatians 1:10)
- Is my self-image or how others see me more important than how God sees me? (1 Samuel 16:7)
- Is my personality or reputation something I protect more than my relationship with God? (Philippians 3:7-8)

Section 2: Examining Heart Loyalties

- Am I trusting in my resources, status, or relationships more than in God's provision? (Jeremiah 17:5-8)
- Do I turn to entertainment, substances, or people before turning to prayer and Scripture? (Psalm 115:4-8)
 - When I feel anxious or insecure, what do I cling to for comfort first? (Psalm 16:4-5)
 - Do I love anything so much that losing it would shake my faith? (Luke 14:26)

Section 3: Subtle Forms of Idolatry

- Is 'being nice' or avoiding conflict more important to me than speaking God's truth in love? (Ephesians 4:15)
- Do I find my worth in productivity or success instead of being God's beloved child? (Matthew 6:24, Psalm 127:1-2)
 - Have I made comfort or convenience more important than obedience to God? (Amos 6:1)
- Do I hold onto grudges, achievements, or possessions as if they define me? (Colossians 3:5)

Section 4: Signs of Growing Freedom

- Am I learning to surrender my identity, plans, and desires to God's will? (Romans 12:1-2)
- Do I desire God's presence more than temporary pleasures or approval? (Psalm 73:25-26)

- Am I learning to trust God with my future and relationships fully? (Proverbs 3:5-6)
- Is Christ becoming my ultimate source of worth, security, and identity? (Colossians 3:1-3)
- Do I rejoice when God removes things that distract me from Him? (Job 1:21)

Reflection Prayer:

"Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting." — Psalm 139:23-24