



Capabilities Statement

Dr. Julie Gray Lighted Pathways Psychology Inc.

DIUNS: 053447051
CAGE: 9V4A1

NAICS:
621330 - Offices of Mental Health Practitioners
621420 - Outpatient Mental Health Centers
623220 - Halfway Houses for Patients with Mental Illness
624190 - Other Individual and Family Services

CONTACT INFORMATION

Dr. Julie Gray - CEO

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Core Competencies

Dr. Julie Gray Lighted Pathways Psychology Inc. provides expert psychotherapy and consulting services, specializing in assisting vulnerable populations with mental illness and housing insecurities. With over 30 years of experience and a strong focus on trauma-informed care, our practice is dedicated to fostering resilience and promoting mental wellness through comprehensive, compassionate, and personalized therapeutic interventions.

Differentiators

- ▶ **Extensive Experience:** Over three decades of dedicated service to vulnerable populations, ensuring a deep understanding of complex mental health and housing instability issues.
- ▶ **Highly Qualified Leadership:** Dr. Julie Ann Gray brings a wealth of expertise with a PsyD in Marriage and Family Therapy, a Masters in Social Work, and numerous certifications, including Cognitive Behavioral Therapy, Trauma-Focused Cognitive Behavioral Therapy, Meditation, and EMDR.
- ▶ **Holistic Healing Modalities:** Our practice offers unique therapeutic options such as sound bowl facilitation, Reiki, and Meditation, addressing both mental and physical health for comprehensive care.
- ▶ **Professional Licenses and Certifications:** Dr. Gray is a Licensed Clinical Social Worker in CA and TX and a Licensed Clinical Supervisor in TX, ensuring adherence to the highest clinical standards.
- ▶ **Specialized Trauma Care:** Expertise in trauma-focused therapies allows us to provide sensitive and effective support for individuals and families recovering from traumatic experiences.

Past Performance

- ▶ **Kaiser Permanente Northern California:** Provided specialized mental health services, contributing to improved patient outcomes and overall mental wellness for a large healthcare provider.
- ▶ **The Loveland Foundation:** Collaborated to offer therapy sessions to Black women and girls, enhancing access to mental health resources for marginalized communities.
- ▶ **California Department of Justice - Victim Services Unit:** Delivered trauma-informed care and counseling to victims of crime, aiding in their recovery and promoting resilience.
- ▶ **Los Angeles County Sheriff's Department:** Conducted Psychosocial Assessments for women inmates to determine level of housing and psychiatric care.
- ▶ **Various Individuals, Families, Couples, and Groups:** Offered tailored therapeutic interventions, addressing a wide range of mental health issues and improving the overall quality of life for numerous clients.
- ▶ **Various Elementary and High Schools:** Implemented school-based mental health programs, providing counseling and support to students, educators, and families, fostering a healthier school environment.

Company Data

Dr. Julie Gray – Lighted Pathways Psychology Inc. is a minority, woman owned corporation, which has been in business since 2018.