

*Natalie Cohen, M.A., L.M.F.T.
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OBJECTIVE

I am a licensed M.F.T. working in private practice. I hope to add an interactive, agency based, administrative position to my work life. I greatly miss the collaborative team approach, although I find private practice work otherwise fulfilling. I also enjoy supervising and mentoring younger, newer clinicians. My strengths include working with both English and Spanish speakers, families & children, marital issues, trauma work with both children and adults, issues of divorce and blended and stepfamilies, parenting skills, chemical dependency and recovery, process addictions, and grief & loss work, including terminal illness. I have experience with court testimony, family preservation, reports to court and family reunification.

WORK HISTORY

*Psychotherapist, Private Practice, Encino, CA
March 1994 to the Present*

I provide individual, marital, family and group psychotherapy to adults, children and their families. In this practice, I am able to work with all of the areas of mental health specialty listed above. I am completely bilingual (both English and Spanish speaking), and can provide psychotherapy to monolingual Spanish speakers. I also prepare and give educational lectures in the area of mental health and psychotherapy. I use brief solution focused interventions and did more depth oriented psycho-dynamically based work as well. In both cases, I may employ cognitive and behavioral techniques. I work extensively with non-verbal techniques as well as talk therapy. This can be use full with: pre-verbal children, all children, adolescents, and some adults. I have special training from the California Institute for Play Therapy in play therapy and developmental play therapy. I am also trained in Critical Incident debriefing, mediation, crisis and trauma intervention and EMDR.

Clinical Director/Program Director, Evolve Treatment Center – Jewish Community Program, Bellaire, CA

December 2014 to the December 2016

I have created, designed, staffed and otherwise been responsible for an outpatient treatment center. We offer culturally sensitive mental health services including: OP, IOP, and PHP. I provide all clinical and administrative supervision. I manage a staff of 8 part time employees. We treat chemical dependency, ODD, mood disorders, parent child conflicts, along with most issues relating to the clients healthy functioning. As a team we interface with the staff psychiatrist. I have also consulted in Evolve's RTC on the treatment with in the homogenous cultural milieu.

Medical Social Worker, Tenent Health Care, Tarzana, CA

March 1999 to 2001

I provide individual, marital, and family counseling to adults, children and their families. The goal is to provide immediate crisis counseling and resources to patients of Encino or Tarzana Hospital and their families. I have primarily worked in Geriatric Psychiatry, Neonatal Intensive Care, High Risk Obstetrics, and on General Medical and Surgery Floors. I work in either English or Spanish as is needed. I also provide proper documentation for hospital files of above activities.

Social Worker/Psychotherapist, Bienvenidos Family Services, East L.A., CA

September 1998 to December 1999

I was responsible for providing therapy and documentation for families at risk of DCS action. I worked with clients in both English and Spanish. This position included designing interventions with adults and children who are in crisis, therapy, group therapy, play therapy, EMDR, and interfacing with county Social Workers.

Chemical Dependency Counselor II, Kaiser Permanente, Culver City, CA

December 1997 to September 1998

I provided individual, marital, family and group psychotherapy to chemical dependency patients and their families. At this Kaiser clinic, the patient population includes both adults and adolescents, who are African - American, Hispanic (both English and Spanish speaking), Asian, Mid-eastern and Anglo-Saxon. I also prepared and gave educational lectures in the adult and adolescent lecture series. I provided therapy and education to patients in both English and Spanish. In this position, I used brief solution focused interventions and did more psycho-dynamically based work as well. In both cases I employed

cognitive and behavioral techniques. This position entailed a great deal of psychotherapy, group therapy, consultation with Physicians and Psychiatry, Intake and initial evaluation, diagnosis and developing treatment plans, and responding to crisis calls and patients walk-in crisis.

*Social Worker, Bienvenidos Village for Children, Altadena, CA
April 1996 to December 1997*

I was responsible for providing therapy, documentation, social work, and case management for children and their families at an emergency shelter. The client population at this group home is comprised of children who have been detained by D.C.F.S. due to neglect and abuse. I worked with clients in both English and Spanish. This position included designing interventions with children who are in crisis, therapy, group therapy, play therapy, EMDR, training staff to work more effectively with children, developing treatment plans for children who may be disturbed, traumatized or delayed, monitoring family visits, testimony in court, and interfacing with county Social Workers.

*Therapist (Intern), The Pacific Center, Los Angeles, CA
February 1995 to June 1997*

I performed individual psychotherapy, and family, couples and group therapy with adults with AIDS and their families. This work also included testing, and evaluation of clients along with history taking during intake interviews. Further, I prepared case presentations including a 5 axis DSM diagnosis and treatment plans for each client. Due to the nature of working with a client population who has AIDS, this position required each therapist to work closely with physicians and psychiatrists. I specialized in working with clients in recovery from chemical dependency, as well as working with those with family systems issues and concerns related to spiritual matters.

*Paralegal, James Fedalen Esq., Woodland Hills, CA
1992 to 1994*

This position included document control, witness interviews, preparing witnesses for interviews and testimony, document summaries, and creating systems for logging and cataloguing evidence.

*Assistant Director Corporate Communications, Orion Pictures Corporation, Los Angeles, CA
1989 to 1991*

This position included daily maintenance of corporate shareholder records, communication with shareholders and investors, assisting with preparation of quarterly dividend letters, drafting press releases and

correspondence, and monitoring daily box office results and stock value.

Paralegal, Berry & Berry, Oakland, CA

1986 to 1988

I reviewed and summarized interrogatories, subpoenaed documents, maintained logs of subpoenaed documents, summarized depositions, and managed documents.

Training and Volunteer Coordinator, Rape Crisis Service of Central Contra Costa County, Concord, CA

1985 to 1986

I developed training material, trained staff, provided, supervised and scheduled all direct client services, and maintained detailed demographic data on client population.

Counselor/Trainer/Public Speaker, Bay Area Women Against Rape, Berkeley, CA

1983 to 1985

My duties included: crisis intervention counseling, accompanying women to the hospital for emergency medical assistance and rape exams, leading group therapy sessions for rape survivors, interviewing prospective clients, preparing and presenting curriculum for trainings on racism and substance abuse, speaking to community and Law Enforcement groups about the myths and realities of sexual assault, and presenting a program in schools for teens about sexual assault and incest.

EDUCATION

Master of Arts in Clinical Psychology with and emphasis in Marital and Family Therapy

Pepperdine University, Malibu, Ca

Bachelor of Arts, Humanities Field Major

University of California, Berkeley, CA

2 years of undergraduate study, Spanish and performing Arts Major

Washington University, Saint Louis, MO