

# **Spiritual Assurance Workbook**

Carein Counseling

# Understanding Eternal Security

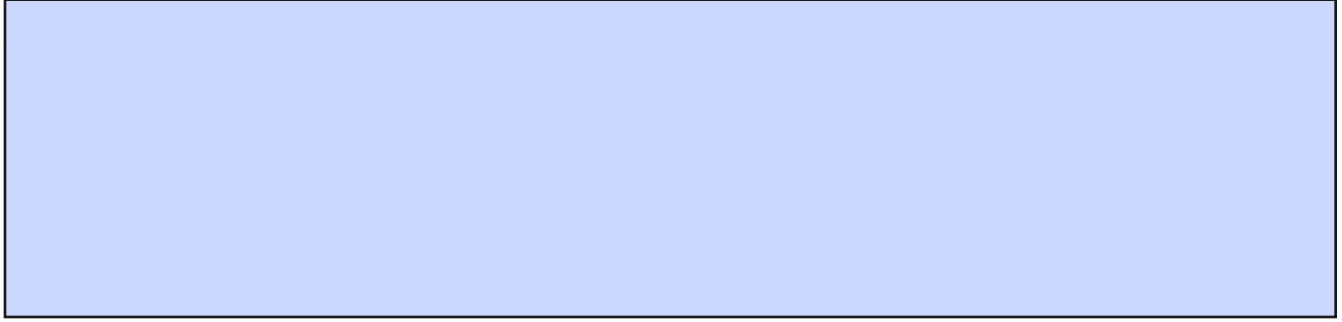
Your salvation is secured by God's grace — not your performance.



## Scripture Anchor — Romans 8:38–39 (NIV)



## Scripture Anchor — John 10:27–29 (NIV)



**Scripture Anchor — Ephesians 1:13–14 (NIV)**



# Cognitive Distortion Check

Identify thoughts that conflict with biblical truth:

## Balanced Truth Statements

Rewrite thoughts based on God's grace and promises:

**Evidence For Grace**

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**Evidence Against the Fear**



























**Closing Reflection**