



THE WELL

COUNSELING GROUP

Empowering Well-being through Expert Mental Health Counseling and Consultation

Vendor Information

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Special Certifications: Indiana WMBE Certified, Woman Owned Small Business (WOSB) *Application Pending*

TIN: Available upon request
D-U-N-S #: Available upon request
UEI (SAM): Available upon request
NAICS codes for your primary services: 621330, 621420
CAGE Code: Available upon request
Payment requirements: *Major credit cards accepted, ACH preferred*

Capabilities Statement

About Us

With over a decade of unwavering commitment to mental health and well-being, The Well Counseling and Consulting Group stands as a trusted partner in transforming cultures and nurturing mental wellness. Our team of seasoned mental health experts brings a wealth of experience to offer comprehensive individual and group counseling services, along with strategic consultation, tailored to meet the unique needs of each organization.

Our Expertise:

At The Well Counseling and Consulting Group, we specialize in two pillars of service that drive well-being:

- **Individual and Group Counseling:**
Our licensed therapists provide compassionate and effective individual and group counseling, addressing a wide spectrum of mental health concerns. By creating a safe and nurturing space for clients to heal, grow, and thrive, we support clients in reaching their full potential. Services can be offered in-person or through telehealth.
- **Corporate Consultation in Mental Health:**
Our team excels in designing and delivering tailored mental health workshops, ongoing training programs, and strategic initiatives. From crisis intervention to comprehensive employee assistance programs, we partner with you to create a mentally healthy workplace that fosters resilience, productivity, and cohesion.

Our Impact:

- **Workshops and Trainings:** Our dynamic workshops empower clients with practical tools to manage stress, enhance emotional intelligence, and foster a culture of empathy and support.
- **Crisis Intervention:** We provide swift and effective crisis response strategies that ensure employees receive the care and guidance they need during challenging times.
- **Employee Assistance Programs:** Our holistic employee assistance programs provide confidential support, resources, and counseling to help employees overcome personal and professional challenges.

Others who have chosen us:

NFL Indianapolis Colts

Since 2015, The Well, working in partnership with team leadership, created an innovative athlete mental health development program which included community resources and a robust crisis intervention plan. This model can be replicated.

Pike Township Schools

The Well conducted a comprehensive needs assessment to identify root causes and proposed solutions to the ongoing challenge of teacher mental health. This included gathering information representative of the 1900 staff members, analyzing the data and outlining an innovative performance improvement plan.

IU Health

The Well outlined a thorough staff development plan to address medical inequities evidenced in substandard patient experience scores. Working within existing staffing limitations, The Well created a customized adult learning experience, including on-site, virtual and hybrid teaching models to maximize professional development with minimal patient care implications.

Indiana Public Safety Foundation

In response to federally outlined grant funding objectives, The Well successfully launched an employee wellness initiative, educating staff on social emotional wellbeing practices and responsive strategies for community facing positions. The Well also created an efficient and fiscally responsible employee assistance program to meet the unique needs of staff.

YouthFirst

In partnership with state identified contract partners, The Well provided telehealth services to school based mental health providers. These services included individual counseling, group support and asynchronous virtual learning.

Let's Transform Together:

Elevate your company's mental health and well-being initiatives with The Well Counseling and Consulting Group. Join us in cultivating a thriving, resilient, and empowered workforce that drives success from within. Contact us today to explore how we can create a customized plan that aligns with your corporate vision and needs.