

BEHAVIORAL PLEASURE SEXOLOGY CERTIFICATION

Syllabus

Where science meets liberation and pleasure becomes professional practice.

Trimester one:

Self-embodiment & internal mastery

- Cultivate your own embodied pleasure practices, explore your relational history with sexuality, and experientially engage with the tools you'll later teach others.

Trimester two:

Clinical application & supervised practice

- Apply the behavioral pleasure methodology with clients under supervision, iterate your approach, collect data, and refine your methods.

Trimester three:

Capstone / integration / leadership

- Deepen your specialization, design original protocols, teach or mentor peers, present a final project, and transition into practitioner leadership.
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Required Textbooks

Come As You Are by Emily Nagoski, Ph.D
Come As You Are workbook by Emily Nagoski, Ph.D
Better Sex Through Mindfulness: How Women Can Cultivate Desire by Lori A. Brotto, Ph.D
Cultivate Desire workbook by Lori A. Brotto, Ph.D
Pleasure Activism by Adrienne Maree Brown
Science and Human Behavior by B.F. Skinner