

## **PERSONAL VISION WORKSHEET**

*This worksheet is meant to bring clarity in your life through a series of questions and exercises.*

*You will need to be open to exploring yourself, your habits, your desires and your necessities.*

*Listen to your favorite song, grab a cup of coffee and a notepad - It's best to answer these questions handwritten.*

*Colin and Samir*

## IDENTITY DEVELOPMENT

1. My favorite characteristics about myself are...

2. My three biggest strengths are....

3. My three weaknesses are....

4. I would like people to describe me as...

5. I am the next \_\_\_\_\_  
*Ex: I am the next Casey Neistat.*

6. Why did you pick that person?

## LIFESTYLE DEVELOPMENT

1. Draw a descriptive picture of your dream office. Where do you want to work everyday?
2. Draw a descriptive picture of your dream home. Where are you living and what does it look like?
3. What morning routine has set you up for success in the past?
4. What is your dream morning routine? What routine gets you in the best mindset to feel happy, and productive?
5. Draw out a timeline of your day, from when you wake up until you go to sleep, what does your day look like?

6. Go onto Zillow, and find a house in your dream location, find the rental cost of a house that you'd like to live in. Now think about the type of food you want to eat - what is your favorite restaurant or cafe? How much does it cost if you were to eat there 3 times / day - What is the estimated cost of your desired lifestyle?

7. How much money do you need per month to live the lifestyle you are imagining?

## PROFESSIONAL DEVELOPMENT

1. Describe your dream day of work. What are 3 things you are doing every day?
2. Draw a timeline of your work day, what does your dream day of look like by the hour?
3. What skill set would you like to utilize in your job?
4. What type of work do you absolutely **NOT** want to do?
5. Describe the impact you'd like your work to have on your own life
6. Describe the impact you'd like your work to have on others
7. Who would you like to work for? More specifically - who would you like to get paid by?
8. What aspects of your job are most important to you?  
*Ex: I need the freedom to travel, I want to work in a team*

## PERSONAL GROWTH DEVELOPMENT

1. Draw a picture of how you'd like to present yourself on a daily basis, what are you wearing? What does your hair look like? What shoes are you wearing?
2. Three activities that I'd like to do when I'm not working
3. What are your core values? What do you stand for?
4. When you were a child, or a teenager - what were you really good at? What was your dream?
5. When did you last laugh uncontrollably?
6. If you could relive a day of your life from the past year, what day would it be?
7. If you were to move tomorrow, where would you move and why?
8. What activities drain your energy?
9. What activities bring you energy?
10. If you could dare yourself to do something, what would it be?

## **WRITING EXERCISE**

What advice would your 80 year old self give you today?

## **WHAT I UNCOVERED**

*Once you've answered all the questions, do some free writing around the following*

What are my priorities in my personal life?

What are my priorities in my career?

What type of career do I want?

What actions can I take immediately to achieve some of the things I want in the short term?

What action can I take on a daily basis to achieve a goal that I have not yet achieved?

What goals can I set to achieve my goals in the long term?

What habits can I develop to become a clearer, happier, and more productive person?