

AUDREY L. CECIL, PH.D.

CURRICULUM VITAE

Cecil Center for Cognitive Longevity
445 Union Blvd, Suite 301, Lakewood CO 80228
Email: Dr.Cecil@cecilcenter.com

EDUCATION

- 2016-2020 Doctor of Philosophy in Clinical Psychology
University of Texas Southwestern Medical Center
APA Accredited Clinical Psychology Ph.D. Program
Dissertation: Assessing Approach Motivation in Depressed Patients with a History of Concussion
Advisors: Dr. Madhukar Trivedi, MD (Co-Chair) and Dr. Munro Cullum, PhD (Co-Chair)
- 2013-2015 Master of Science, Community Mental Health Counseling
University of North Texas, CACREP accredited
Department of Counseling and Higher Education
- 2004-2008 Bachelor of Arts, Major in Psychology, Minor in Communication
Texas A&M University
College of Liberal Arts, Department of Psychology

CLINICAL EXPERIENCE

Ochsner Health Postdoctoral Fellowship in Clinical Neuropsychology
Two year, full-time postdoctoral fellowship in Clinical Neuropsychology adhering to the Houston Conference Guidelines
Beth Arredondo, Ph.D., ABPP, Annelise Boettcher, Ph.D., Brian Mizuki, Psy.D., ABPP, John Sawyer, Ph.D., ABPP, Emily Brickell, Ph.D.
October 2020- October 2022

- Providing neuropsychological assessments to patients including interview, testing, interpretation, report writing, and feedback
- Weekly training activities consisting of review of new literature and attending/presenting educational didactic
- Inpatient consultation for neurology service
- Participate in regular interdisciplinary Epilepsy and DBS case conferences

University of Texas Southwestern Medical Center APA Accredited Doctoral Internship in Clinical Psychology
The internship is a two-year, half-time program that includes over 2,000 hours of clinical experience.

Major Rotation: University of Texas Southwestern Medical Center Neuropsychology Service

Laura Lacritz, Ph.D., ABPP and Heidi Rossetti, Ph.D., ABPP

August 2020-September 2020 (Late completion due to maternity leave)

- Conducted neuropsychological clinical interviews with feedback
- Administered full testing batteries
- Participated in weekly case conferences/fact findings

Major rotation: Parkland Hospital Outpatient Neuropsychology Service

Dr. Kenneth Chase Bailey, Ph.D., ABPP and Dr. Abbey Valvano, Ph.D.

October 2019- August 2020

- Conducted neuropsychological interviews with feedback to a diverse patient population
- Tele-neuropsychological services post-COVID
- Participated in weekly interdisciplinary Epilepsy case conference
- Provided individual and group psychotherapy for complex medical diagnoses
- Attended neurology and internal medicine “mini” rotations

Major Rotation: Rehabilitation Neuropsychology, Zale Lipshy University Hospital

Michael Kolessar, PsyD and Marlene Vega, PsyD

August 2018- July 2019

- Conducted brief neuropsychological and neurobehavioral assessments on inpatient unit
- Engaged in intervention related to various neuropsychological conditions
- Provided supportive therapy to rehabilitation patients
- Engaged in didactics related to PM&R and neuropsychology
- Provided consultation to unit regarding neuropsychological status of patients

Minor Rotation: Inpatient Psychiatric Unit, Parkland Health and Hospital System

Kristine McCaslin, Ph.D.

February 2018- August 2018

- Lead psychology group for inpatients
- Conducted brief neuropsychological assessments, clinical interviews, and individual psychotherapy with psychiatric patients
- Consulted with medical students, residents, and attendings to inform treatment
- Attended weekly supervision and case conferences

Minor Rotation: Memory Disorders Clinic, Parkland Behavioral Health Outpatient Clinic

Leslie Rosenstein, Ph.D., ABPP

July 2017- February 2018

- Conducted neuropsychological intake interviews
- Attended neuropsychological evaluations administered by neuropsychologist
- Engaged in neuropsychological case study analysis with supervisor

Psychiatric Emergency Room, Parkland Hospital, Dallas, TX

August 2018- February 2019 (75 hours)

- Conducted clinical interviews and mental status exams of acute psychiatric patients to assess psychological functioning and collected collateral information from patient's families
- Consulted with psychiatry residents and attending psychiatrists to determine and refer follow-up care needs for psychiatric patients

Student Psychotherapist

Southwest Psychotherapy Clinic, Department of Psychiatry, UT Southwestern Medical Center

Wendy Ringe, Ph.D., Robert Kinney, Ph.D., Berit Johnson, Ph.D.

January 2018- July 2020

- Provide individual outpatient psychotherapy on a weekly basis, caseload of 3 patients
- Conduct neuropsychological/personality assessments as needed
- Participate in weekly supervision

Student Psychotherapist

Parkland Behavioral Health Outpatient Clinic, Parkland Memorial Hospital

Martin Deschner, Ph.D.

December 2016- July 2017

- Conducted individual/family psychotherapy for a variety of psychological and/or health concerns
- Attended weekly supervision

Subcontractor for United States Federal Probation

Fletcher Counseling and Associates

Jeffrey Fletcher, LPC-S, LSOTP

December 2015- August 2016

- Conducted intakes and administered assessments to incoming clients (SASSI, LSI-R)
- Provided written reports to necessary parties (e.g. Probation Officers, Federal Judges)
- Maintained communication with probation staff regarding offender progress via monthly meetings and phone calls
- Conducted individual mental health counseling services and/or chemical dependency individual counseling to probationers

Affiliate Sex Offender Treatment Provider, Sex Offender Treatment Group Co-Facilitator

Fletcher Counseling and Associates

Jeffrey Fletcher, LPC-S, LSOTP

July 2015- August 2016

- Provided psychoeducational group therapy co-facilitation weekly for 90-minutes with licensed supervisor
- Participated in weekly supervision

Private Practice Therapist

Fletcher Counseling and Associates, Jeffrey Fletcher, LPC-S, LSOTP

December 2015- August 2016

- Conducted individual mental health counseling for a variety of psychological issues including but not limited to depression, anxiety, abuse, physiological disturbances due to mental disorders
- Engaged in weekly supervision

Master's Level Internship

Galaxy Counseling Center, Garland, Texas

University of North Texas

January 2015- August 2015

- Provided individual, couples, and family therapy to community clients
- Conducted DARS (Disability and Rehabilitative Services) assessments and wrote clinical reports
- Sustained a client caseload of 8-11 clients per week
- Participated in weekly individual and group supervision

Master's Level Practicum

Counseling and Human Development Center, University of North Texas

August 2014- December 2014

- Provided individual counseling to undergraduate students and community clients
- Conducted intake sessions and developed treatment plans
- Maintained client files and case note
- Participated in client conceptualization with supervisor
- Received Therapeutic Crisis Intervention training

Sex Offender Treatment Group Co-Facilitator

Liles Arnold, LPC, LSOTP

University of North Texas

October 2014- December 2014

- Delivered psychoeducational group therapy co-facilitation weekly for 90-minutes with licensed supervisor
- Maintained client case notes
- Participated in client conceptualization with supervisor

RESEARCH EXPERIENCE

Research Trainee, Department of Psychiatry, Center for Depression Research and Clinical Care, University of Texas Southwestern Medical Center, Madhukar Trivedi, MD

August 2018- July 2020

- Conducted research assessments as part of longitudinal depression study
- Engaged in weekly assessment supervision as well as case presentations to checkoff clinicians
- Maintained participant notes within research database

Forensic Neuropsychology Research Assistant, Department of Psychiatry, University of Texas Southwestern Medical Center

Jeanine Galusha, Ph.D.

January 2018- July 2019

- Administered neuropsychological battery to police officers examining cognitive function in relation to success in the field
- Scored and entered assessment scores
- Trained other students in test administration
- Coordinated with study participants regarding scheduling, questions, etc.

Clinical Data Specialist, Department of Psychiatry, Center for Depression Research and Clinical Care, University of Texas Southwestern Medical Center

August 2016- April 2017

- Upkeep of teletherapy database for statistical analyses
- Manuscript compilation and review
- Therapy manual compilation and review

Treatment of Affective Disorders (TAD) Study Therapist, Department of Psychology, Clinical Psychology Division, Anxiety and Depression Research Center (ARC), Southern Methodist University

April 2015-May 2016

- Conducted weekly manualized therapy sessions based on two different treatment arms
- Participated in weekly supervision with the ARC director and co-therapists
- Engaged in teleconferences with UCLA
- Attended immersive workshop at UCLA (August 2015)

Research Assistant, Department of Counseling and Higher Education, University of North Texas

August 2013-August 2015

- Aided in development of research aims and hypotheses
- Assisted in data collection
- Reviewed literature related to hypersexuality
- Contributed to manuscript development and completion

Research Team Member, Department of Psychology, Psychology Research Team, Texas A&M University

August 2007-May 2008

- Assisted in data collection and data entry
- Reviewed current literature
- Contributed to manuscript conceptualization
- Participated in weekly roundtable discussions

MANUSCRIPTS

Cecil, A. L., Cooper, C., Greer, T., Pop, R., Cullum, M., Trivedi, M. (2020). Assessing approach motivation in depressed patients with a history of concussion [Unpublished doctoral dissertation]. University of Texas Southwestern Medical Center.

Giordano, A. L. & **Cecil, A. L.** (2014). Religious coping, spirituality, and hypersexual behavior among college students. *Sexual Addiction & Compulsivity*. 21(3), 225-239.

Giordano, A., Prosek, E., **Cecil, A.**, & Brown, J. (2015). Predictors of hypersexual behavior among collegiate males and females: Exploring self-conscious emotions. *Journal of Addictions & Offender Counseling*. 36(2), 113-125.

Trombello, J., South, C., **Cecil, A.**, Sanchez, K., Sanchez, A., Eidelamn, S. L.,...Trivedi, M. (2017). Efficacy of a behavioral activation teletherapy intervention to treat depression and anxiety in primary care VitalSign⁶ program. *Prim Care Companion CNS Disord*, 19(5).

BOOK CHAPTERS

Becker, J. E., **Cecil, A.**, Gottlieb, M. C., (2021). Ethical Considerations of Court-Ordered Outpatient Therapy. Trachsel, Tekin, Biller-Andorno, Gaab, and Sadler (Editors), *The Oxford Handbook of Psychotherapy Ethics*. Oxford University Press.

POSTER PRESENTATIONS

Cecil, A., Smotherman, J., Glayat, K., Arredondo, B., Boettcher, A., & Brickell, E. (2022, October 12-15). Analysis of the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS) Cortical-Subcortical Deviation Index in Differentiating between Cortical and Subcortical Dementia Profiles [Poster Presentation]. National Academy of Neuropsychology, Denver, CO, United States.

Smotherman, J. M., **Cecil, A. L.**, Glayat, K., Arredondo, B. C., Brickell, E. E., & Boettcher, A. C. (October 2022). WMS-IV Visual Reproduction as a Performance Validity Test in Clinical and Forensic Settings. Poster accepted for presentation to the National Academy of Neuropsychology Annual Meeting, Denver, CO.

Cecil, A., Bailey, K. C., Bergere-Nagele, M., Rodrigues-Larrain, G., Kolessar, M., Didehbani, N., Yetkin, Z., O'Neill, T (2020). Examining lateralizing accuracy of neuropsychological data in patients with epilepsy in a diverse sociodemographic county hospital. Poster accepted for presentation at the 48th Annual Winter Meeting of the International Neuropsychological Society, February 2020, Denver, CO.

Cecil, A., Bailey, K. C., Bergere-Nagele, M., Rodrigues-Larrain, G., Kolessar, M., Didehbani, N., Yetkin, Z., O’Neill, T (2020). Examining lateralizing accuracy of neuropsychological data in patients with epilepsy in a diverse sociodemographic county hospital. Poster accepted for presentation at the Women in Science and Medicine, February 2020, Dallas, TX.

Rosenstein, L.D. and **Cecil, A.** (2019). Reliable Digit Span: Questionable validity among Spanish-speaking patients from Latin America. Poster presentation at the 47th Annual Winter Meeting of the International Neuropsychological Society, February 2019, New York City, NY.

Trombello, J. M., South, C., **Cecil, A.**, Sanchez, K., Sanchez, A. C., Eidelman, S.L., Mayes, T., Kahalnik, F., Tovian, C., Kennard, B., Trivedi, M. Depression and anxiety levels throughout Behavioral Activation teletherapy among low income, primary care patients. Presented at the Association for Behavioral and Cognitive Therapy, November 2017, San Diego, CA.

PRESENTATIONS

Cecil, A. & Wolfe, K.L. (2018). The Helping Profession: Becoming a Clinical Psychologist. Presented at the Science Teacher Access to Resources at Southwestern (STARS) Exploring Program, UT Southwestern, Dallas, Texas.

Wolfe, K.L.& Cecil, A. (2018). Becoming a Clinical Psychologist. Presented at the Uplift Science Fair, UT Southwestern, Dallas, Texas.

Cecil, A. L. (2018). Sex offense in the severely mental ill. Didactic presentation at Parkland inpatient psychiatric hospital, Dallas, TX.

Giordano, A. L., Cecil, A. L., Lankford, C. (2014). Attending to hypersexual behavior in college students. Presentation at the annual meeting of the Texas Counseling Association, Dallas, TX.

TEACHING EXPERIENCE

Teaching Assistant, Cognitive and Affective Aspects of Behavior (CLP 5354), University of Texas Southwestern Medical Center, Nyaz Didehbani, Ph.D.

Teaching Assistant, Health Psychology (CLP 5358), University of Texas Southwestern Medical Center, Benjamin Lippe, Ph.D.

Teaching Assistant, Fundamentals of Clinical Management (CLP 5102), University of Texas Southwestern Medical Center, Robert Kinney, Ph.D.

Teaching Assistant, Assessment in Rehabilitation Counseling (MRC 5490), University of Texas Southwestern Medical Center, Karen Brewer-Mixon, Ph.D., CRC

INVITED LECTURES

Guest Lecturer, Assessment in Rehabilitation Counseling (MRC 5490), “Introduction to MMPI-2,” University of Texas Southwestern Medical Center, Dallas, Texas, Karen Brewer-Mixon, Ph.D., CRC.

Guest Lecturer, Crisis Counseling (COUN 5490), “Psychoneuroimmunology,” University of North Texas, Denton, Texas, Elizabeth Prosek, Ph.D.

Guest Lecturer, Abnormal Human Behavior, (MRC 5339), “Personality Pathology in Substance Abuse, Eating Disorders, and Somatoform Disorders,” University of Texas Southwestern Medical Center, Dallas, Texas, Karen Brewer-Mixon, Ph.D., CRC

Guest Lecturer, Abnormal Human Behavior, (MRC 5339), “Personality Pathology in Substance Abuse and Eating Disorders,” University of Texas Southwestern Medical Center, Dallas, Texas, Karen Brewer-Mixon, Ph.D., CRC

PROFESSIONAL EMPLOYMENT

Teletherapy Project Manager, Department of Psychiatry, Mood Disorders Lab, VitalSign⁶, University of Texas Southwestern Medical Center

May 2015- August 2016

- Launched a start-up project in less than one month
- Completed target goal of 100 encounters within three months
- Created therapy curriculum in collaboration with clinical team
- Clinic recruitment and implementation
- Development of project workflow and processes with administrative core

- Documented patient encounters and progress

Clinical Coordinator, Department of Psychiatry, Mood Disorders Lab, VitalSign⁶, University of Texas Southwestern Medical Center
October 2014- October 2015

- Trained staff to provide patient education for depression
- Worked with clinical psychologist on patient education for depression and non-medication treatment options
- Monitored patient for changes in symptom severity and medication side effects
- Participated in regular caseload supervision with psychiatrist
- Provided recommendation for and support implementation of treatment plan changes according to evidence-based algorithm
- Documented all encounters and monitored outcome measurements

SERVICE

Families in Psychology Project (FIPP) Mentorship Program

FIPP is a collaborative research and advocacy effort to increase the visibility of and advocacy for parents and other caregivers pursuing careers in psychology. Familiesinpsych.org

Mentor

July 2019- July 2020

- Provide support to mothers in doctoral level psychology programs/faculty positions
- Share successes and failures to assist others in navigating motherhood within psychology

Association of Neuropsychology Students in Training (ANST)

September 2019- August 2020

- Send weekly e-mails describing upcoming didactic series
- Organize didactic series for distribution to students and faculty
- Maintain listserv and respond to questions/comments regarding didactics

Ad-Hoc Reviewer

November 2019- August 2020

- Brain Injury

Science Teacher Access to Resources at Southwestern (STARS) Presenter, Clinical Psychology Doctoral Program Representative

October 2017- July 2019

- Present information regarding the field of clinical psychology to high school students and their families
- Engage students in interactive activities to further understanding of the field

Interprofessional Leadership Committee, Committee Member

September 2017- July 2019

- Participated in committee joining together various health professions campus-wide
- Attended monthly meetings
- Attended events as a representative of the Clinical Psychology doctoral program

Wellness Committee, Graduate Student Organization, Founding Member

July 2017- July 2019

- Piloted monthly e-mails that provide wellness resources to students across campus
- Attend quarterly meetings
- Assist in organization of activities to engage students in wellness

Mental Health Volunteer, Dallas County Health & Human Services, Hurricane Harvey Mega Shelter

September 2017

Chi Sigma Iota Counseling Honor Society, Co-chair of the Professional Development Committee

May 2014-May 2015

Chi Sigma Iota Mentor to incoming master's students, University of North Texas at Denton

August 2013-December 2014

PROFESSIONAL LEADERSHIP

Student Wellness Liaison of the Clinical Psychology Doctoral Program
June 2019- June 2020

Class Representative, Clinical Psychology Doctoral Program
July 2018- July 2020

ELECTIVE TRAINING

Forensic Neuropsychological Assessments with Dr. Antoinette McGarrahan
July 2018

- Assisted with a neuropsychological assessment in a prison setting for a sexual predator

Rehabilitation Transfer Training
Zale Lipshy Hospital
November 2018

- Received hospital certification to safely transfer a rehabilitation patient

Shadowing Student

William P. Clements University Hospital, Benjamin Lippe, Ph.D., Health Psychology
Parkland Memorial Hospital, Chaplain Stacey Merlin, Trauma unit
July 2017- January 2018

- Once monthly elective shadowing to further learning about health/trauma psychology in hospital systems

TAD study training, University of California Los Angeles, Department of Psychology, Anxiety and Depression Research Center of UCLA, Michelle Craske, Ph.D., Director, Raphael Rose, Ph.D., Associate Director, Michael Treanor, Ph.D.

August 2015

- Immersive, two-day workshop training on interoceptive, imaginal, in-vivo, and written exposures, pleasant activity scheduling, cognitive distortions and cognitive restructuring, positive emotion cultivation

HONORS AND SCHOLARSHIPS

Travel Scholarship for the upcoming presentation of Examining lateralizing accuracy of neuropsychological data in patients with epilepsy in a diverse sociodemographic county hospital at INS 2020, Graduate Student Organization
November 2019

Chi Sigma Iota, Counseling Honor Society, University of North Texas, Inductee
March 2014-March 2016

COMMUNITY INVOLVEMENT

Violist, New Texas Symphony Orchestra, Volunteer orchestra in Dallas, TX
November 2011-May 2014 and October-December 2017