

## Authorization to Release Mental Health Information

I, \_\_\_\_\_, DOB \_\_\_\_\_,  
authorize Survive and Thrive Counseling, LLC and Andrea Maren Whipple to \_\_\_\_\_ release information  
to; \_\_\_\_\_ exchange information with:

Name/Organization \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ Fax \_\_\_\_\_

### Specific nature of information to be released:

_____ any or all of the following:	_____ summary of treatment
_____ attendance/scheduling/transportation	_____ response to treatment
_____ information related to payment	_____ prognosis
_____ presenting complaint/issues	_____ recommendations/suggestions
_____ diagnosis and/or assessment results	_____ substance use information _____ (initials)
_____ treatment plan and goals	_____ other _____

### The information above is being released for the purpose of:

_____ facilitating consultation and/or collaboration	_____ facilitating payment
_____ facilitating continuity of treatment	_____ facilitating involvement of support person(s) in treatment
_____ facilitating scheduling/transportation	_____ other _____

### I understand that:

1. This consent with automatically expire one year from date of signing unless a different date is indicated here \_\_\_\_\_.
2. I have the right to inspect the information being disclosed.
3. I have the right to revoke this authorization, in writing, at any time by sending such notification to my provider's office. However, my revocation will not be effective to the extent that my provider has already taken action in reliance on this authorization.

---

Client (adult or minor over age 12) \_\_\_\_\_ Date \_\_\_\_\_

---

Parent/Guardian (if applicable) \_\_\_\_\_ Date \_\_\_\_\_

---

Witness \_\_\_\_\_ Date \_\_\_\_\_