

****Glimmers of Hope Art Therapy/Counseling Policies****

1. For my first session, I will bring the completed intake form that I have printed from the Glimmers of Hope website, so Jessica can learn more about me and what I need in therapy. If I am not able to print it, Jessica will have a copy in her office and I can fill it out there.
2. The first session will involve reviewing the intake form, presenting issues, and setting goals. It is possible that no art therapy will be done in the first session, as Jessica will create specific art therapy directives based on your needs/ goals you set.
3. If I arrive to my session early, I will wait in the car until my scheduled time.
4. Once it is my time, I will text Jessica so she can let me in.
5. If I am late, I will not have extra session time.
6. If I need to reschedule, I must do so at least 24 hours in advance, or I will be charged the full session rate (\$110/50 min individual session OR \$150/80 min family session).
7. If I do not show up at all, I will be charged the full session rate.

I understand these policies are to help me get the most out of my session and provide a respectful art therapy practice to others.

First and Last Name

Date