

LIGHTING THE WAY TO EMOTIONAL WELL-BEING

Dear Friends of SCCA,

In a few months I will have completed ten years serving as the Executive Director of our Counseling Center. I often am asked how I remain hopeful and joyful with all the brokenness and heartbreak in our midst.

First, my faith in God, who I believe loves every person we share this earth with, connects us all together. At our Counseling Center, we have different expressions of spirituality and religious traditions, and we invest in them.

Second, working with our diverse and skilled SCCA team inspires me every day. In addition, working together with a growing number of partners towards our common mission is a sustaining gift. We are better together! I witness firsthand how good work, healing, and restoration is generative. It is a joy to share in this work together.

As we head into 2026, we continue to seek to be faithful in the stewarding of the donations and investments of others in our work. We have established an endowment through the major gift from the Rooker family, and we continue to strategically plan for the continued growth and development of the Samaritan Counseling Center of Atlanta. Thank you, again, for all the ways that you invest in and support our work together.

Thank you for reading through our annual update. If you would like to know more, please reach out! Our work together at SCCA is one of my favorite topics to discuss!

With gratitude,
Katie Sundermeier
Executive Director

SCCA BY THE NUMBERS

Through October 2025

6,782

Total Sessions through October

4,320

Total Subsidized and Insurance Sessions
63.7% of Total

1,640

Total Lowest Fee Sessions (\$30)

755

Total Second Tier Fee Sessions (\$60)

1,925

Total Insurance Sessions
28.4% of Total

Our reduced-fee and insurance-supported sessions make mental health care accessible to those who need it most, **helping us live our mission every day.**

OUR MISSION

Samaritan Counseling Center of Atlanta's mission is to deliver excellence in clinical counseling, and **to offer spiritually integrated care** as the client chooses, **to individuals of all ages and to underserved populations.**

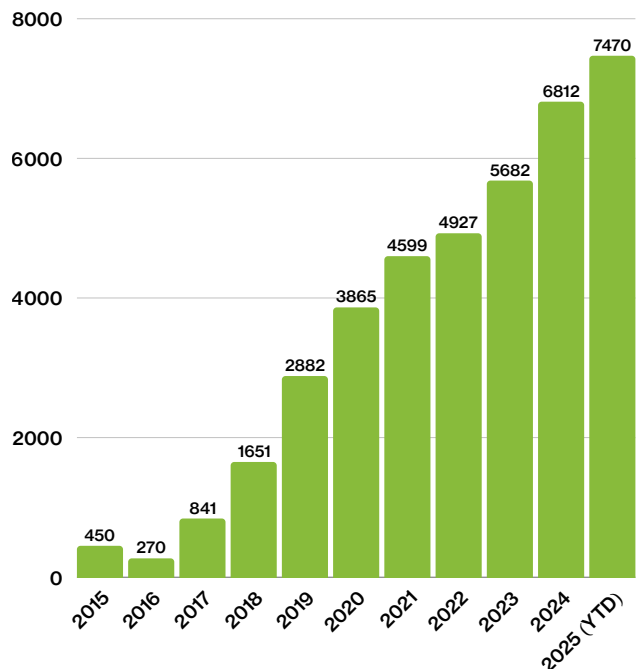


2025 BOARD OF DIRECTORS

Chris Carlton, *President*
Kathy Kite, MS, *Secretary*
Amy Lea, *CPA, Treasurer*
Hillary Baker
Cater Carlton, *RN*
Geoff Goodman, *PhD, RPT-S*

Nadya Merchant, *PhD*
Will Naglich, *JD*
Rob Sparks, *MDiv*
John Stanford, *LPC, Ex-officio*
Katie Sundermeier, *DMin, Ex-officio*
Florida Huff, *MBA, Ex-officio*

Client Sessions Provided Annually



2025 SCCA HIGHLIGHTS



This year, our purpose took shape in new partnerships, meaningful conversations, and continued connection across our network. Our senior leadership team, including Carol Pitts, Florida Huff, and Katie Sundermeier, joined 35+ Solihten network centers in Denver for the annual **Solihten Conference**, participating in workshops on Spiritually Integrated Care, recruitment and retention, board engagement and technology-driven fundraising.

We also hosted our **2025 Mental Health Connections Week**, featuring a thoughtful conversation with Dr. Lauren Edwards and college senior Jonny Sundermeier on youth mental health and substance use.

In **partnership with Oak Grove United Methodist Church**, we launched two new **support groups for CDC employees** navigating organizational changes.

WITH GRATITUDE TO OUR PARTNERS

Our partner organizations strengthen our impact and expand the ways we can serve our community. We are thankful for the relationships we've built, the perspective they offer, and the generous support they provide. We're honored to do this work alongside them.



First Presbyterian Church launched our counseling center as a separate non-profit in 1999. This community of faith has continued to support our mission by housing us without cost in their community outreach building and partnering with us in numerous ways.



We have partnered with the Human Trafficking Program to offer mental health support to immigrants who are trafficking survivors, providing services in English, Spanish, and French.



SCCA works closely with Agnes Scott College's Clinical Mental Health Counseling master's program by providing training, clinical supervision, and counseling experience to their students. This opportunity to train future counselors strengthens our work as a center and reinforces our commitment to high-quality clinical training



We were honored to be selected by Georgia Tech's Center for Mental Health Care & Resources to provide ongoing outpatient mental health care to their students.



Will for Hope, founded by the Hudson family in honor of their son and brother, Will, works to reduce stigma and provide hope, education, and support to individuals and families facing mental health challenges.



We value and support our relationship with Georgia State University's Department of Counseling and Psychological Services. By providing clinical supervision and mentorship to their graduate students, we strengthen and enhance the work of our center.



SAVE THE DATE

Mental Health Connections:
Music & Mental Health
February 22, 2026 | 5:30-7:30PM

Join us on February 22, 2026 for An Evening with Jim Sonfeld, hosted in partnership with Will for Hope. Jim—musician, author, and member of Hootie & the Blowfish—will share his personal journey with mental health and addiction recovery.

This free event is open to high school youth and adults, and the entire community is invited. Bring a friend and join the conversation. For more information about Will for Hope, visit willforhope.org.

Make a gift



We are grateful for the many ways you support our mission. If you'd like to make a year-end gift, you may send a check to 1328 Peachtree Street NE, Atlanta, GA 30309, give via Venmo at @SamaritanAtlanta, or through PayPal at samaritanatlanta.org.

We sincerely appreciate your generosity and look forward to all that's ahead in 2026 and beyond.