

# 6<sup>TH</sup> ANNUAL MENTAL HEALTH CONNECTIONS: Music And Mental Health

Join us for a hope-filled evening where music, story, and faith meet the realities of mental health and healing.

**SUNDAY, FEBRUARY 22, 2026 | 5:30 TO 7:30 P.M.  
FIRST PRESBYTERIAN CHURCH OF ATLANTA**



The evening will feature Jim Sonefeld, drummer and songwriter for Hootie & The Blowfish, who will share his personal journey of addiction, recovery, and freedom with a live musical performance.

**All ages are welcome.  
A light meal will be served.  
There is no cost to attend.**



# 2026 MENTAL HEALTH CONNECTIONS GATHERING

Together, we will explore the deep connection between mental health, music, spiritual healing, and the power of shared story. This unique evening brings together community partners and trusted voices to create space for honest conversation, encouragement, and restoration.

**FEATURING JIM SONEFELD  
OF HOOTIE & THE BLOWFISH**

**Sunday, February 22 | 5:30–7:30 p.m.**

**First Presbyterian Church of Atlanta**

1328 Peachtree Street, N.E.

Atlanta, GA 30309

[www.firstpresatl.org](http://www.firstpresatl.org)

**Questions?** Contact Katie Sundermeier  
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