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Services Summary

Individual Counseling Services include, but are not limited to:

- Adult, adolescent, and children services for all genders starting at age 4.
- **Screening Assessments:** To include abuse, Domestic Violence, and AOD dependence.
- **Psychological Assessments:** To include adult ADHD Assessments, Child Abuse Potential Inventory, and psychosocial.
- **Professional Counseling:** To address Adjustment Disorders, Anxiety, Depression, Trauma related issues and the like.

Family Counseling Services include, but are not limited to:

- **Family Reunification:** To bring together family members who have been separated.
- **Supervised Visitation:** A court ordered arrangement where a child visits with non-custodial parents(s) is monitored to ensure the child's safety and well-being.

Group Services include, but are not limited to:

- **Parenting & Protection Clarification:** Six (6) week group designed to education the non-offending parent of children who have been physically, sexually, emotionally, and psychologically abused by another adult living in the home. Red flags, responsibility, and safety planning will be addressed. Step-Parenting curriculum
- **Abuse Clarification:** Minimum six (6) week group & (4) weeks of individual mental health counseling designed to address four main components: (1) Clarification of Abusive Behavior (2) Offender Assumption of Responsibility (3) Offender Awareness of the Impact of the Abuse and (4) Initiation of a Plan to Ensure Future Safety. Forensic Assessment measuring Child Abuse Potential is administered
- **Intimate Partner Violence:** 26 week psychoeducational group designed to educate and empower survivors of intimate partner violence.
- **Life in Progress (Psychoeducational):** Twenty-four (24) week group specifically designed for women who are experiencing personal social and economic problems. This group is extremely helpful for those women with Personality Disorders and/or strong presenting traits
- **Trauma Recovery:** Eight (8) week education group address complex trauma and its adverse effect on daily living and healthy relationships
- **Adolescent Intervention:** Ten (10) week gender specific group to address agency intervention, family violence, adjustment disorders, impulsive behaviors, and other issues that are impacting the quality of life of the adolescent

Intake Assessment will be completed for the purposes of recommendations. An exit interview will be conducted to include measurement of understanding of the treatment. Participants will receive documentation certification upon successful completion.

The Choices Team consists of Licensed Professional Counselors with the scope of practice "to assess, diagnosis and treat" mental health issues as defined by the DSM-5.